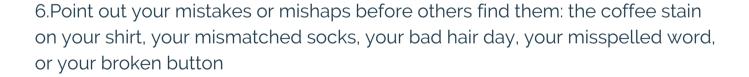
# 100 Ways to Have More Fun at Work!

#### Start with Yourself

- 1.Listen to something funny or upbeat on your way to work instead of news
- 2. Think of the toughest part of your work week and try to find some humor in it. Exaggerate it, compare it to doing something else, imagine doing it as a famous character
- 3.Tell colleagues about an embarrassing moment that happened to you
- 4. See if anyone can do an impression of you (be prepared for it to be funny)
- 5.Post a funny selfie online of you making a funny face or being goofy instead of a serious picture



- 7.Do anything to show others you don't take yourself too seriously and it's ok to laugh at yourself. You set the tone!
- 8.Read emails at your desk in funny accents





# Meetings

9. Start the meeting with a quick fun go-around question like: "What is a guilty pleasure TV show, song, or movie?", "If you had a super power in your job what would it be?", "The weirdest thing you've eaten" etc. – Studies show it boosts problem solving & creativity!

#### 10. "Role with It":

Get out of the normal meeting rut or spark creativity by assigning "roles" for your next meeting or brainstorming session! Try to give people a role that is opposite of the role they normally play in your meeting. You can find hats/props cheap online. Example Roles:



**Queen/King:** This person wears a crown and gets to run the meeting, while you take a back seat for once! (make it someone who could use the practice running a meeting or needs some empowerment)



**Devil's Advocate**: Give devil horns to wear and they must come up with viewpoints. (Make this the person who is typically very agreeable or ambivalent)



**Peace Keeper:** Give them a hippie wig or an angel halo. Their job is to make sure everyone gets a chance to speak and to keep harmony at the meeting. Assign the person who typically talks too much in meetings this role



**Rose Colored Glasses:** This person will be optimistic and supportive of all ideas! Give them red tinted sun glasses and assign someone who is typically negative or confrontational



**Wacky Idea Guy/Gal:** Give them a funny hat (maybe one with a propeller). They are to come up with the craziest out of the box ideas they can. It is good to give this to someone who typically shoots down ideas without supplying their own or who is on the quiet side

Those are just a few ideas of roles to play, but you can come up with your own! Role play for the whole meeting or just to break the Ice or brainstorm a topic.



# Meetings, cont'd

11. Put funny quotes or jokes on your agenda!

12.Add a "caption contest" picture or cartoon to the agenda with a prize for the best caption!

13.Play "Buzzword Bingo" during the meeting. (Make Bingo cards using overused work phrases that you know will come up and have a prize for who gets Bingo)



15. Try holding a meeting in a circle, on the floor, outside or standing up just for a change

16. Warm up: Give a fake word and give prize for the best definition (you can even have them use it in a sentence)

17. Warm up: Have the group give fake work announcement/update one word at a time going around in a circle

18. Warm up: Have everyone describe how their week is going by what type of car it would be

19.Have a "Whine Tasting" section of the agenda where everyone gets 30 seconds of uninterrupted and overdramatic whining about a problem of their choice

20. Change the location of your meeting to somewhere fun

21. Have "Buzzword Penalties" to avoid overused words or phrases- person with most brings treats to the next meeting

22. Give your meeting a theme, from the agenda to the way you run it (movie, TV show, sports)

23. While you're waiting for people to arrive, play music

24. Find a funny youtube video to end your meeting with each week



# Meetings, cont'd

25.Add a "soapbox" section to the agenda and pass around a bar of soap for anyone to vent on their "soapbox" about something bothering them

26.Ask someone else to run the meeting & do their best impersonation of you

27. Use a funny code word people can shout out when the meeting has gone off track or if you're beating a topic to death. A prop works well too. As a toy stuffed pickle Is slowly raised In the air, people know to get back on track!

28. Have a "pick your nose" meeting where people get to choose from a pile of costume noses (clown noses, animal noses, etc) to wear

29. Give the last person to arrive a standing ovation for no reason



30.Arm the group with nerf balls or paper wads to use when the last person arrives

31..Have a "speed meeting" and see how fast you can get through the agenda (only occasionally to save staff time)

32.Play music like at the Oscar's when someone's time is up for their presentation or update

33.Greet everyone at the door with a goofy smile and 'high five' with no explanation

34. Give a prize or candy to anyone who can recite the mission statement or any other piece of information about the company

35. Download a sound effects app and put someone in charge of doing sound effects for the meeting (clapping, drumroll, buzzer, etc)

36. Walk into the meeting dramatically to theme music



#### Your Work Environment

37. Have a contest to name the copy machine or other highly used pieces of office equipment. The winner gets a cool prize! (Names like "The artist formerly known as Prints" or "Scandolf")



38.Get a "joke a day" calendar for your desk or a common area

39. Make automatic responses to website or form emails humorous

40. Set a funny picture as your desktop background or screen saver



41. "Pun-kin Patch" Have a bunch of paper pumpkins in a break room or bulletin board and have people write puns on them & put them on the wall. Maybe a prize for the most creative!

42.Create a funny staff bulletin board with each employee making a funny face and a "fun fact" about them or pictures of them now vs. high school or baby photos

43. Have random items that make you laugh or smile on or in your desk. Right now at my desk I have a yodeling pickle, a fake tattoo sleeve, fake mustache/glasses, and a clown nose. You just never know when you're gonna need this stuff!

44.Play music if you can



#### Work Environment, cont'd

45.Bring a pet if you can. If not, have a funny picture of your pet at your desk

46. Have a funny quote, pun, cartoon, or joke on the outside of your work area that you change out every week



- 47. Put a large chalkboard up in a hallway or breakroom with colored chalk for people to draw with
- 48. Have funny signs instead of serious ones like a picture of Hans Solo in the bathroom that says "Wash Your Hans"



49. Have a dartboard or nerf basketball hoop in your office, breakroom, or common area for brief brain breaks

- 50. Put your recycle bin high up on the wall so you have to make a basket with your paper
- 51. Have a "Laughter Lounge" with silly putty, funny books/magazines, funny movies playing, games, etc
- 52. Make a "Just for Fun" bulletin board with cartoons, quotes, and funny pictures
- 53. Install a funny carnival style mirror near the bathrooms
- 54. Decorate or have items available based on funny "months" or "days" for example, September is national honey month



# Team Engagement

Some of these activities are at work and some outside of work. Outside of work activities are great for team dynamics, but must have more structure than a BBQ or Happy Hour, otherwise people will simply stay in their typical cliques and the event can negatively impact the team

55. Hold a game outside of work (kickball, softball, bowling, lasertag, etc). Divide teams according to your goals- some can cheer on and others can referee

56. Have staff create a gourmet meal together. Assign teams into appetizer, main dishes, and desserts, then everyone eats together!

57. Have a Family Open House where families can come tour the office, meet co-workers, etc

58. Hold a "staff Olympics" with your own events

59.Create a "Job Switch" day where employees switch jobs with one another to get an idea about other people's positions (particularly useful when supervisor does front line duty)

60.Celebrate people! Not just birthdays, but continuing education, babies, work anniversaries

61. Hold a staff talent show to let people show off

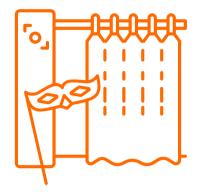
62. Assign staff members each one day where they get to share a slideshow of pictures about themselves, a favorite vacation, their families, etc

63. Have a contest to see who can match each employee to their baby picture



# Team Engagement, cont'd

64. Have a contest to see who can match each employee to their pet



65. Have a fun photo booth with props at work one day and give people a break to take funny pictures with each other- then post the pictures on a bulletin board or in the break room

66. Start a company book club or movie club

67.Create teams and do an office scavenger hunt

68. Have a game of "people bingo" where the Bingo card is all questions or "find someone who..." and they have to get other employees to sign

69. Have the entire team greet someone at the airport next time they arrive from out of town

70. Highlight a new staff member each month/week in a company newsletter or blog

71. Have people draw or paint with their non-dominant hands and then hang them up on the fridge or a bulletin board like children's art

72. Have a progressive ice cream social where people go office to office for toppings

73. Have the whole team bring someone soup next time they're sick!

74. Bring as many team members to attend important team member events like graduations or presentations



# Team Engagement, cont'd

75. Invite former employees or retirees to company events

76. Assign someone as the social coordinator to plan monthly events

77. Have everyone fill out "favorites" sheets to be used for gifts or activities like favorite movie, drink, food, store, music, etc

78. Make time once a month for a team building activity! Some are easy and quick and others are more in depth. There are thousands... Google some!

79. Office chair curling! Set up a target, then someone has to roll an office chair down a hallway and see how close they can get to the bulls-eye. Depending on safety, this could be done with someone in the chair as well. Prize for the closest! If people are on different shifts, have them video record their shots!

80. "Nerfs of Steel" Mega Nerf darts, pool noodles, plastic cups, and eye protection (funnier the glasses the better). One partner holds the cups in their hand while other blows the darts through the pool noodle to knock them off. Other roles can be dart runners to bring darts back & forth, people taking video/pics, and others "betting" on the winner!

## Celebrations, Contests, & Awards

81.Create fun awards to be given out at random or at an awards banquet, but keep them positive and appropriate i.e.: Best Laugh, Cleanest Desk, Best Voicemail Voice, etc

82. Have staff complete NCAA Basketball Tournament Brackets and have a trophy for the winner. Each year, engrave the winner's name and they get to keep the trophy at their desk



### Celebrations, Contests, & Awards

83. Have staff complete Academy Awards predictions and have a trophy for the winner. Each year, engrave the winner's name and they get to keep the trophy at their desk

84. Have an annual "Laugh at Yourself" award given to the person with the best 'bad day on the job' story or mistake they made that they can now laugh about

85.Celebrate funny days of the year like pineapple day, national selfie day, donut day, etc



86. Open the office up to trick-or-treating and invite employees' kids to go office to office for candy

87. Have "welcome" parties for new hires rather than always focusing on "goodbye parties" for people leaving



88. Give awards to employees who were able to make a customer smile. Even if it is a set of wind up chattering teeth, it will encourage people to go out of their way to make someone smile

89.Crowd source almost any idea via a contest – new name for a product, new way to do something, new slogan, etc. Make it into a contest and ask for everyone's input

90.Celebrate team accomplishments as often as possible. Things like getting through a busy time of year, getting the next fiscal year's budget approved, or finishing a large presentation



#### Presentations

91. Find funny pictures that correlate with your topic and put those in the presentation

92.Let the audience play "Buzzword Bingo" while you present! (see #13)

93. Think of the top 3 funny stories that you tell your friends... can you weave one of those into your presentation to make a point?

94. Find funny props to compliment your points

95.Tell your audience that the subject matter is dry, so you've added a funny picture after every couple of slides to lighten it up... then you don't have to be funny!

96. Find funny cartoons that relate to your topic and add them

97.Google funny \_\_\_\_\_ stories or jokes about your topic and see if there is one you can use

98. Find funny trivia or facts about your topic to use

99. Grossly exaggerate something to the point of ridiculousness

100. Use an old childhood photo to make fun of yourself in some way

#### **Bonus Fun Stuff**

101. Wacky Socks Wednesday! Encourage everyone to wear crazy socks on Wednesdays to get over the hump. (you could do funky sock Friday too, but Fridays are already pretty good)



#### Bonus Fun Stuff, cont'd

102.School spirit day: have everyone wear something from their favorite school (high school, college, etc)

103. Make emails more fun with caption contests. Rather than just sending out that same old boring email, include a funny picture or cartoon and ask for the best caption

104. The 3-minute party: at 3pm when everyone is tired, one person gets to choose a song and everyone takes about a 3-minute break to stand up, stretch, dance while this employee's favorite up beat song plays

105.Start everyone's week off right with a Monday Madness email every Monday morning with a short funny video

106.Maintain a file of funny work stories like customer complaints, funny quotes, and goofs



107.Freeze Fun! During the winter have everyone get up, bundle up (or not) and go get a shot of the brisk winter air outside – it's said to increase concentration! You could expand this into a snowball fight (if you live near snow) and/or coming back inside to hot chocolate!

108.Go to <u>my website</u> and play some funny videos! Or just search Paul Osincup on YouTube & find my <u>TEDx Talk on Humor in Leadership</u> to play at your next leadership meeting. Feel free to laugh at my jokes, or silently judge them.

